

# Association of Psychology Postdoctoral and Internship Centers

## INTERNSHIP MATCHING PROGRAM

### Overview of the 2026 APPIC Match

The APPIC Internship Matching Program (the "Match") provides an orderly process to help applicants obtain positions in psychology internship programs of their choice, and to help internship programs obtain applicants of their choice. The Association of Psychology Postdoctoral and Internship Centers (APPIC) is responsible for establishing the policies of the Match and for monitoring the implementation of the Match. The APPIC Match is administered by National Matching Services Inc. (NMS) on behalf of APPIC.

[Agreements and Rules](#) 

[Schedule of Dates](#) 

[APPIC Match Support](#) 

#### [Manage Your Match Account](#)

You have been assigned a 5-digit Code Number in the NMS Match System that uniquely identifies you in the APPIC Match. You must enter your Match Code Number into your [AAPI application](#) in order to be able to submit applications to internship programs.

You can [log into the NMS Match System](#) to manage your [Account, Profile, and Status](#) for the APPIC Match.

If you decide not to participate in the 2026 APPIC Match, you must [withdraw from the Match](#) and must not submit a Rank Order List.

#### [Applications](#)

Registration for the APPIC Match does NOT constitute an application to any of the internship programs participating in the Match. You must apply to the programs in which you are interested, using the [AAPI application service](#).

You should check the [APPIC Directory](#), as well as each site's public materials (e.g., website, brochure, etc.), for information about each program, including its application and eligibility requirements and deadline dates. All application requirements and interviews must be completed before the deadline for submitting your Rank Order List for the Match, and ideally before the NMS Match System opens for the entry of Rank Order Lists.

A [list of internship programs participating in the APPIC Match](#) will be posted on the Match website by October 1, 2025. The list on the Match website is updated regularly; consult the Match website for current information on program participation in the Match.

#### [Interviews](#)

Each program sets its own policies and procedures for scheduling and conducting interviews. Many (but not all) internship programs use [NMS Interview](#), which is a module within the NMS Match System, to schedule interviews.

According to the Applicant Agreement for participation in the Match and the [Match Rules](#), in your communications with programs you may not make any commitments to, or require any commitments from, any participating internship program prior to the release of the Match results.

#### [Rankings](#)

The APPIC Match is conducted in two phases. Each applicant and each program submits a Rank Order List of their preferred choices by the Rank Order List deadline for Phase I of the Match on February 6, 2026. The Phase I matching process will be carried out using those Rank Order Lists to place applicants into positions.

Applicants who do not obtain a position in Phase I, as well as applicants who register after the Phase I Rank Order List deadline, will be eligible to participate in Phase II. Programs with positions available after Phase I will offer those positions to eligible applicants in Phase II. All applicants and programs participating in Phase II must submit their Rank Order Lists by the Phase II Rank Order List deadline on March 18, 2026. The Phase II matching process will then be carried out using those Rank Order Lists.

The Rank Order List you submit for either Phase of the Match should include all programs participating in that Phase that you applied to and that would be acceptable to you, ordered according to your true preferences. The Match website has more information about the [optimal strategy](#) for constructing your Rank Order List, as well as a [Rankings User Guide](#) providing step-by-step instructions for submitting your Rank Order List.

## Results

NMS uses an [established and proven matching algorithm](#) to process the Rank Order Lists submitted by applicants and programs. You will be matched to the most preferred program on your Rank Order List that ranks you and does not fill all its positions with applicants it prefers to you. Similarly, each program will be matched with their most preferred applicant(s) that do not match to programs the applicants prefer.

The [results of the APPIC Match](#) are made available online and by email on the Match Results Day for each Phase of the Match. The results of Phase I of the Match will be provided on February 20, 2026; the results for Phase II will be provided on March 25, 2026.

The Match results constitute a binding commitment between applicants and programs. If you are matched in either Phase I or Phase II, you must attend the internship program with which you are matched as outlined in the [Applicant Agreement and Match Rules](#).

After the results of Phase II of the Match are released, applicants who have not been matched to a position may participate in APPIC's [Post-Match Vacancy Service](#) to identify and apply for positions that remain available.

## Help Resources

For additional information, review the [Match website](#), including the [Overview for Applicants](#) and [Frequently Asked Questions](#), as well as information about the Match on the [APPIC website](#). If you have questions, [contact NMS support](#).

If you have not done so already, you should also subscribe to MATCH-NEWS, a free, automated email information service operated by APPIC. This is an important method of communicating information about the APPIC Match. To subscribe, send a blank email to: [subscribe-match-news@lyris.appic.org](mailto:subscribe-match-news@lyris.appic.org) and follow the instructions in the subsequent email to confirm your subscription.